

LIFETIME MANIC EPISODE	MANIC EPISODE CRITERIA	
<p>Have you <i>ever</i> had a period of time when you were feeling so good, "high," excited, or hyper that other people thought you were not your normal self or you were so hyper that you got into trouble?</p>		
<p> → IF YES: What was it like? (Did anyone say you were manic?) (Was that more than just feeling good?) → IF NO: Have you ever had a period of time when you were feeling irritable or angry every day for at least several days? What was it like? (Did you find yourself often starting fights or arguments?) When was that? </p>	<p>A. A distinct period of abnormally and persistently elevated, expansive, or irritable mood . . .</p> <p>Check if: <input type="checkbox"/> elevated, expansive mood <input type="checkbox"/> irritable mood only</p>	<p>? - + ↓ EXCLUDE FROM STUDY</p>
<p>How long did that last? (As long as one week?) (Did you need to go to the hospital?)</p>	<p>. . . lasting at least one week (or any duration if hospitalization is necessary)</p>	<p>? - + ↓ Go To *LIFETIME HYPOMANIC EPISODE,* Page 15</p>
<p>Have you had more than one time like that? (Which time caused the most problems for you?)</p> <p>IF UNCLEAR: Have you had any times like that in the past year?</p>	<p><i>NOTE: If there is evidence for more than one past episode, select the one with the most impairment for your inquiry about past manic episode. If there was an episode in the past year, ask about that episode. If possible, avoid episodes that appear to be substance-induced.</i></p>	
	<p>B. During the period of mood disturbance, three (or more) of the following symptoms have persisted (four if the mood is only irritable) and have been present to a significant degree:</p>	
<p>During that time... . . . how did you feel about yourself? (More self-confident than usual?) (Any special powers or abilities?)</p>	<p>(1) inflated self-esteem or grandiosity</p>	<p>? - +</p>

<p>. . did you need less sleep than usual? IF YES: Did you still feel rested?</p>	<p>(2) decreased need for sleep (e.g., feels rested after only three hours of sleep)</p>	<p>? - +</p>
<p>. . were you much more talkative than usual? (Did people have trouble stopping you or understanding you? Did people have trouble getting a word in edgewise?)</p>	<p>(3) more talkative than usual or pressure to keep talking</p>	<p>? - +</p>
<p>. . were your thoughts racing through your head?</p>	<p>(4) flight of ideas or subjective experience that thoughts are racing</p>	<p>? - +</p>
<p>. . were you so easily distracted by things around you that you had trouble concentrating or staying on one track?</p>	<p>(5) distractibility (i.e., attention too easily drawn to unimportant or irrelevant external stimuli)</p>	<p>? - +</p>
<p>. . how did you spend your time? (Work, friends, hobbies?) (Were you so active that your friends or family were concerned about you?) IF NO INCREASED ACTIVITY: Were you physically restless? (How bad was it?)</p>	<p>(6) increase in goal- directed activity (either socially, at work or school, or sexually) or psychomotor agitation</p>	<p>? - +</p>
<p>. . did you do anything that could have caused trouble for you or your family? (Buying things you didn't need?) (Anything sexual that was unusual for you?) (Reckless driving?)</p>	<p>(7) excessive involvement in pleasurable activities which have a high potential for painful consequences (e.g., engaging in unrestrained buying sprees, sexual indiscretions, or foolish business investments)</p>	<p>? - +</p>
	<p>AT LEAST THREE "B" SXS ARE CODED "+" (FOUR IF MOOD ONLY IRRITABLE)</p>	<p>NO YES</p> <p>↓ ↓</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>LIFETIME MANIC EPISODE</p> </div> <p>↓ ↓</p>
<p>IF NOT ALREADY ASKED: Has there been any other time when you were (high/irritable/OWN WORDS) and had even more of the symptoms that I just asked you about?</p> <p> ▶ IF YES: RETURN TO TOP OF PAGE 12 INQUIRE ABOUT WORST EPISODE.</p> <p> ▶ IF NO: <u>EXCLUDE FROM STUDY</u></p>		<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Continue with CRITERION D</p> </div>

