

**H. EATING DISORDERS**

**\*ANOREXIA NERVOSA\***

**ANOREXIA NERVOSA CRITERIA**

SCREEN Q#12	
YES	NO

H1a

IF SCREENING QUESTION #12 ANSWERED "NO," CHECK HERE \_\_\_ AND SKIP TO **\*BULIMIA NERVOSA,\*** H. 4

H1b

IF QUESTION #12 ANSWERED "YES":  
You've said that there was a time when you weighed much less than other people thought you ought to weigh . . .

IF NO: GO TO <b>*BULIMIA NERVOSA*</b> H. 4
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IF SCREENER NOT USED: Now I would like to ask you some questions about your eating habits and your weight. Have you ever had a time when you weighed much less than other people thought you ought to weigh?

A. Refusal to maintain body weight at or above a minimally normal weight for age and height (e.g., weight loss leading to maintenance of body weight less than 85% of that expected; or failure to make expected weight gain during period of growth, leading to body weight less than 85% of that expected).

? 1 2 3

H1

GO TO <b>*BULIMIA NERVOSA*</b> H. 4
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IF YES: Why was that? How much did you weigh? How old were you then? How tall were you?

At that time, were you very afraid that you could become fat?

B. Intense fear of gaining weight or becoming fat, even though underweight.

? 1 2 3

H2

GO TO <b>*BULIMIA NERVOSA*</b> H. 4
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At your lowest weight, did you still feel too fat or that part of your body was too fat?

C. Disturbance in the way in which one's body weight or shape is experienced; undue influence of body weight or shape on self-evaluation, or denial of the seriousness of the current low body weight.

? 1 2 3

H3

GO TO <b>*BULIMIA NERVOSA*</b> H. 4
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IF NO: Did you need to be very thin in order to feel good about yourself?

IF NO AND LOW WEIGHT IS MEDICALLY SERIOUS: When you were that thin, did anybody tell you it could be dangerous to your health to be that thin? (What did you think?)

**\*BULIMIA NERVOSA\***

**BULIMIA NERVOSA CRITERIA**

IF: CRITERIA CURRENTLY MET FOR ANOREXIA NERVOSA, CHECK HERE \_\_\_ AND SKIP TO THE NEXT MODULE.

SCREEN Q#13	
YES	NO

H10a  
H10b

IF SCREENING QUESTION #13 IS ANSWERED "NO," SKIP TO NEXT MODULE.

IF NO: GO TO NEXT MODULE
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IF QUESTION #13 ANSWERED "YES":  
You've said that you've often had times when your eating was out of control. Tell me about those times.

IF SCREENER NOT USED: Have you often had times when your eating was out of control? Tell me about those times.

A. Recurrent episodes of binge eating. An episode of binge eating is characterized by BOTH of the following:

(2) a sense of lack of control over eating during the episode (e.g., a feeling that one cannot stop eating or control what or how much one is eating)

? 1 2 3

H11

GO TO NEXT MODULE
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IF UNCLEAR: During these times, do you often eat within any 2 hour period what most people would regard as an unusual amount of food? Tell me about that.

(1) eating, in a discrete period of time (e.g., within any two hour period), an amount of food that is definitely larger than most people would eat during a similar period of time and under similar circumstances

? 1 2 3

H12

GO TO NEXT MODULE
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Did you do anything to counteract the effects of eating that much? (Like making yourself vomit, taking laxatives, enemas or water pills, strict dieting or fasting, or exercising a lot?)

B. Recurrent inappropriate compensatory behavior in order to prevent weight gain, such as: self-induced vomiting; misuse of laxatives, diuretics, enemas, or other medications; fasting; or excessive exercise.

? 1 2 3

H13

GO TO *BINGE EATING DISORDER,* H. 7
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How often were you eating that much (AND COMPENSATORY BEHAVIOR)? (At least twice a week for at least 3 months?)

C. The binge eating and inappropriate compensatory behaviors both occur, on average, at least twice a week for 3 months.

? 1 2 3

H14

GO TO *BINGE EATING DISORDER,* H. 7
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