

**\*BULIMIA NERVOSA\***

**BULIMIA NERVOSA CRITERIA**

IF: CRITERIA CURRENTLY MET FOR ANOREXIA NERVOSA, CHECK HERE \_\_\_ AND SKIP TO THE NEXT MODULE.

SCREEN Q#12	
YES	NO

H10a  
H10b

IF NO: GO TO NEXT MODULE

IF SCREENING QUESTION #12 IS ANSWERED "NO," SKIP TO NEXT MODULE.

IF QUESTION #12 ANSWERED "YES":  
You've said that you've often had times when your eating was out of control. Tell me about those times.

IF SCREENER NOT USED: Have you often had times when your eating was out of control? Tell me about those times.

A. Recurrent episodes of binge eating. An episode of binge eating is characterized by BOTH of the following:

(2) a sense of lack of control over eating during the episode (e.g., a feeling that one cannot stop eating or control what or how much one is eating)

? 1 2 3

GO TO NEXT MODULE

H11

IF UNCLEAR: During these times, do you often eat within any 2 hour period what most people would regard as an unusual amount of food? Tell me about that.

(1) eating, in a discrete period of time (e.g., within any two hour period), an amount of food that is definitely larger than most people would eat during a similar period of time and under similar circumstances

? 1 2 3

GO TO NEXT MODULE

H12

Did you do anything to counteract the effects of eating that much? (Like making yourself vomit, taking laxatives, enemas or water pills, strict dieting or fasting, or exercising a lot?)

B. Recurrent inappropriate compensatory behavior in order to prevent weight gain, such as: self-induced vomiting; misuse of laxatives, diuretics, enemas, or other medications; fasting; or excessive exercise.

? 1 2 3

GO TO \*BINGE EATING DISORDER,\* H. 7

H13

How often were you eating that much (AND COMPENSATORY BEHAVIOR)? (At least twice a week for at least 3 months?)

C. The binge eating and inappropriate compensatory behaviors both occur, on average, at least twice a week for 3 months.

? 1 2 3

GO TO \*BINGE EATING DISORDER,\* H. 7

H14

SCID-I (for DSM-IV-TR)

Bulimia Nervosa

(JAN 2010)

Eating Disorders H. 5

Were your body shape and weight among the most important things that affected how you felt about yourself?

D. Self-evaluation is unduly influenced by body shape and weight.

? 1 2 3 H15

GO TO  
NEXT  
MODULE

E. The disturbance does not occur exclusively during episodes of Anorexia Nervosa.

? 1 3 H16

GO TO  
NEXT  
MODULE

BULIMIA NERVOSA CRITERIA A, B, C, D AND E ARE CODED "3."

1 3 H17

GO TO  
NEXT  
MODULE

BULIMIA  
NERVOSA

**SPECIFY TYPE:**

During the current episode of Bulimia Nervosa, the person has regularly engaged in self-induced vomiting or the misuse of laxatives, diuretics, or enemas.

1 3 H17a

NON-  
PURGING  
TYPE

PURGING  
TYPE

**\*BINGE-EATING DISORDER\***

**BINGE-EATING DISORDER CRITERIA  
(APPENDIX CATEGORY)**

During these binges...

B. The binge-eating episodes are associated with three (or more) of the following:

- ...did you eat much more rapidly than normal? (1) eating much more rapidly than normal ? 1 2 3 H23
- ...eat until you felt uncomfortably full? (2) eating until feeling uncomfortably full ? 1 2 3 H24
- ...eat large amounts of food when you didn't feel physically hungry? (3) eating large amounts of food when not feeling physically hungry ? 1 2 3 H25
- ...eat alone because you were embarrassed by how much you were eating? (4) eating alone because of being embarrassed by how much one is eating ? 1 2 3 H26
- ...feel disgusted with yourself, depressed, or feel very guilty after overeating? (5) feeling disgusted with oneself, depressed or very guilty after overeating ? 1 2 3 H27

AT LEAST 3 "B" SXS CODED "3." 1 3 H28

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GO TO NEXT MODULE

Was it very upsetting to you that you couldn't stop eating or control what or how much you were eating? C. Marked distress regarding binge eating is present. ? 1 2 3 H29

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GO TO NEXT MODULE

IF UNKNOWN: How often did you binge? (For how long?) (At least 2 days a week for at least 6 months?) D. The binge eating occurs, on average, at least 2 days a week for 6 months. ? 1 2 3 H30

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GO TO NEXT MODULE

E. The binge eating is not associated with the regular use of inappropriate compensatory behaviors (e.g., purging, fasting, excessive exercise) and does not occur exclusively during the course of Anorexia Nervosa or Bulimia Nervosa. ? 1 3 H31

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GO TO NEXT MODULE

BINGE EATING DISORDER CRITERIA A, B, C, D, AND E ARE CODED "3." 1 3 H32

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GO TO NEXT MODULE    BINGE EATING DISORDER

**\*BINGE EATING DISORDER CHRONOLOGY\***

IF UNCLEAR: During the past month, have you had (SXS OF BINGE EATING DISORDER)?

Has met symptomatic criteria for Binge Eating Disorder during past month (criteria A, B, C, D, and E).

? 1 3

H33

INDICATE CURRENT SEVERITY:

- 1 - **Mild:** Few, if any, symptoms in excess of those required to make the diagnosis are present, and symptoms result in no more than minor impairments in social, or occupational functioning.
- 2 - **Moderate:** Symptoms or functional impairment between "mild" and "severe" are present.
- 3 - **Severe:** Many symptoms in excess of those required to make the diagnosis, or several symptoms that are particularly severe, are present, or the symptoms result in marked impairment in social or occupational functioning.

CONTINUE WITH **\*AGE AT ONSET,\*** BELOW.

H34

IF CURRENT CRITERIA NOT FULLY MET (OR NOT AT ALL):

- 4 - **In Partial Remission:** The full criteria for the disorder were previously met, but currently only some of the symptoms or signs of the disorder remain.
- 5 - **In Full Remission:** There are no longer any symptoms or signs of the disorder, but it is still clinically relevant to note the disorder--for example, in an individual with previous episodes of Anorexia Nervosa who has been symptom free while receiving weekly psychotherapy for past year.
- 6 - **Prior History:** There is a history of the criteria having been met for the disorder, but the individual is considered to have recovered from it.

H35

When did you last have (ANY SXS OF BINGE EATING DISORDER)?

Number of months prior to interview when last had a symptom of Binge Eating Disorder

\_\_\_ \_\_\_ \_\_\_

H36

**\*AGE AT ONSET\***

IF UNKNOWN: How old were you when you first started having (SXS OF BINGE EATING DISORDER)?

Age at onset of Binge Eating Disorder (CODE 99 IF UNKNOWN)

\_\_\_ \_\_\_

H37

GO TO NEXT MODULE