

**\*SEASONAL PATTERN\***

IF THERE HAVE BEEN FEWER THAN TWO MAJOR DEPRESSIVE EPISODES, IN THE PAST TWO YEARS, CHECK HERE \_\_\_ AND GO TO **\*MDD CHRONOLOGY\***,\* D. 13.

D25

IF UNKNOWN: Do the periods of [DEPRESSED MOOD] mostly seem to happen at the same time of the year, like fall or winter?

A. There has been a regular temporal relationship between the onset of the Major Depressive Episodes in Bipolar I or Bipolar II Disorder and a particular time of the year (e.g., regular appearance of the Major Depressive Episode in the fall or winter).

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D26

GO TO **\*MDD CHRONOLOGY\***  
D. 13

Note: Do not include cases in which there is an obvious effect of seasonal-related psychosocial stressors (e.g., regularly being unemployed every winter).

IF UNKNOWN: Do the periods of [DEPRESSED MOOD] get better around the same time of the year, like in the spring?

B. Full remissions (or a change from depression to mania or hypomania) also occur at a characteristic time of the year (e.g., depression disappears in the spring).

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D27

GO TO **\*MDD CHRONOLOGY\***  
D. 13

IF UNKNOWN: How many periods of [DEPRESSION] did you have during the past 2 years?

C. In the last 2 years, two Major Depressive Episodes have occurred that demonstrate the temporal relationship defined in criteria A and B, and no non-seasonal Major Depressive Episodes have occurred during that same period.

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D28

GO TO **\*MDD CHRONOLOGY\***  
D. 13

How many of these occurred at the same time of the year?

IF UNKNOWN: About how many years can you recall having had periods of [DEPRESSION]?

D. Seasonal Major Depressive Episodes (as described above) substantially outnumber the non-seasonal Major Depressive Episodes that may have occurred over the individual's lifetime.

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D29

WITH  
SEASONAL  
PATTERN

How often did they occur in [ALTERNATES OF SEASONS STATED] rather than in [SEASONS STATED]?

GO TO **\*MDD CHRONOLOGY\*** D. 13